

WHAT ARE YOU FEELING WORDS

Happy	Sad
Frightened	Worried
Embarrassed	Shy
Mean	Angry
Disgusted	Proud
Focused	Calm
Excited	Nervous
Bored	Stubborn
Curious	Hungry
Sleepy	Awake
Full	Confused
Desperate	Lonely
Surprised	Cheerful
Anxious	Selfish
Hopeful	Relaxed
Confident	Fascinated

Ashamed	Depressed
Hurt	Energetic
Grateful/Thankful	Skeptical
Brave	Silly
Terrified	Mindful
Sarcastic	Powerful
Kind	Concerned
Peaceful	Fearless